

VK9N SPA

TRADITIONAL HILOT *(Filipino Style)*

1 hour	Php 500
1 1/2 hour	Php 750
2 hours	Php 1,000

**Essential deep, concentrated massage that soothes the nerves and calms the mind.*

**Relieves stress/physical tension and pain.*

AROMATHERAPY *(Soft, Very Light Massage)*

1 hour	Php 500
1 1/2 hour	Php 750
2 hours	Php 1,000

**Way to administer healing therapeutic essential oils.*

This massage therapy relies on smooth, fluid effleurage strokes.

COMBINATION of SHIATSU/SWEDISH

1 hour	Php 400
1 1/2 hour	Php 600
2 hours	Php 800

**Certain pressure points.*

**Simple stretching, long strokes and pounding.*

**Stress relief massage that calms nerves and increases endorphins.*

VENTOSA *(Cupping)*

<i>with 30 minutes back massage</i>	Php 600
<i>with 1 hour back massage</i>	Php 900

**Alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. People get it for many purposes, including to help with pain, inflammation, blood flow, relaxation, & well-being.*

BACK MASSAGE

30 minutes	Php 300
1 hour	Php 600

FOOT MASSAGE

30 minutes	Php 250
1 hour	Php 500

FOOT/HAND MASSAGE

30 minutes	Php 200
1 hour	Php 400